



A Message from our Presidents

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We hope everyone had a wonderful holiday season. December's meeting was truly a musical celebration featuring opera soprano

Jamie Baer Peterson, cellist Sariah Mourik Johnson, and pianist Lois Buesser. About 40 of our members and guests enjoyed the concert and delicious refreshments.

As January is often the month when New Year's resolutions kick into high gear, we want to start 2015 off healthy! Our first program of the year will do just that! Monday, February 2nd at 7:30pm in the Chase Room of the Madison Public Library, our guest presenter will be Mary Finckenor a dietitian, diabetes educator, and sports nutritionist. She will be discussing ***Heart Health: Nutrition and the Benefits of Chocolate***. Yes, you read that correctly, there will be chocolate for everyone! Come, enjoy, and get healthy to boot!

More exciting news for this upcoming year!

We are pleased to be partnering with the Women's Center at County College of Morris to co-host one of

its "Job Club" meetings. The speaker, Marie Betlow, will be presenting ***Six Stages of an Effective Job Search***. This important event will take place on Friday morning, March 20, 2015 in the Chase Room of the Madison Public Library. All branch members are welcome and encouraged to come!

The Women's Center offers a variety of programs and we are thrilled to be able to work with them. This partnership allows us to help members in our community that are job searching and gives us an opportunity to showcase all of our different programs. If you would like to volunteer to help on March 20th contact Susan.

We are also excited to announce that we will be working with the **Girl Project** again, next fall, to host an assertiveness training workshop for girls in 4th and 5th grades. More details, on this, will be available next month.

We look forward to seeing you at the February 2nd meeting. As per usual, bring a friend! We're happy to say that a few of these friends have recently become members.

See you Monday, February 2nd!

Susan and Beth

UPCOMING MEETINGS & EVENTS

- Book Club 02/19/15

Hope everyone had a great Holiday Season and a Very Happy New Year!

We are all looking forward to sampling some of that

Women's Health

Mary Finckenor will be our guest speaker, Monday Feb. 2, at 7:30 pm at Madison Public Library (Chase Room). Mary is a Registered Dietitian with a Master's Degree in Nutrition Education and holds specialty certifications in diabetes and sports dietetics. The topic is all about our favorite food;

- Stitch 'n Chat
02/17/15
- Lunch Bunch
01/28/15
02/27/15
- Board Meeting
02/23/15
- Mahjongg
02/06/15

heart healthy chocolate.

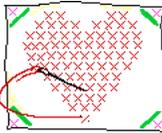
**Call Judy to arrange a
RIDE!**

January 2015

CHOCOLATE! Come hear Mary describe why chocolate is good for our hearts and overall well-being. (She will have some samples to share!) Mary also teaches cooking classes and regularly speaks to corporations in the greater metropolitan area.

Bring a friend or two this will be a FUN, FUN, FUN event!

*** Announcements * Upcoming Events ***

<p>Board Meetings</p>	<p>Stitch and Chat</p>	<p>Newsletter Input Due Dates</p>
<p>All board meetings are held at Misty Kramer's home, at 7:30 p.m. Members are welcome to attend. February 23 March 16 April 20 May 18 June 15 or 22 (depends on date of booksale)</p>	<p>Stitch and Chat meets from 1 pm to 3 pm at Judy Vernon's home. Stitching is optional, but chatting is required. All dates are announced in the newsletter. Tuesday February 17th For direction call Judy Vernon 973 455 0427</p> 	<p>Send information for the next Newsletter to jpvernon@yahoo.com. If you need to send hard copy, please alert me by calling ahead. Input must be received the day of the board meeting. See due dates on the left. Judy Vernon 973 455 0427 24 Eagle Nest Road, Morristown, NJ 07960</p>
<p>The Book Group</p>	<p>Lunch Bunch</p>	<p>Mahjongg</p>
<p>The Book Group has agreed to the following schedule and books. Meeting will start at 7:45 p.m. unless otherwise noted in an updated newsletter. February 19 Book - <i>Across the Pond: An Englishman's View of America</i> by Terry Eagleton Hostess - Barbara Benedict</p> 	<p>Lunch Bunch meets periodically at a local restaurant 12:30 pm. Everyone is invited to attend. Call Judy Vernon no later than the day before the event if you plan to come. Date, name and location of the restaurant are announced in the newsletter. Wednesday, January 28th Arminio's Pizza in Chatham Friday, February 27th Swiss Chalet, South St Morristown For reservation and direction call Judy Vernon 973 455 0427</p> 	<p>As always we are looking for interested members to join. Knowledge of game is NOT required. Having fun is mandatory. Group meets at 11:30 am at Shirley Mutchler's home. Dates are announced in Newsletter. Bring lunch, drinks and sweets are provided. Friday, February 6th</p> 

Membership Corner

Welcome to our new members!!

Rebecca (Becky) Moody
 15 Page Street, Madison, NJ 07940
 phone 973 966-0111
 e-mail arpsmoody@optonline.net
 Graduated : Lafayette College 1978 BS Mathematics
 Interests: Music, reading, crossword & other number puzzles

Membership Corner (continued from page 2)

Bessie Holman

15 Rolling Hill Drive Morristown, NJ 07960

Phone 973 998 9718 cell 973 760-7929

e-mail beesteest-shirts@aol.com

Graduated: Montclair Un. 1980 Home Econ / Family-child

Interests: Sports, cooking, travel likes to work with young people

MaryAnne

Editor's note:

Please send news or announcements about a member (including you) for our Membership Corner column to Jeanne or MaryAnne. We like to recognize the accomplishments of our members as well as significant events in their lives.



Editor's Corner

"You must do the thing you think you cannot do," is a quote from Eleanor Roosevelt.

She was referring to public speaking. I never thought of her as someone who at anytime in her life had difficulty addressing a crowd.

But perhaps these thoughts also apply to new year's resolutions... Wishing one and all a very Happy New Year!

Judy